

FOXBOROUGH AUTUMN MENU

MENU -Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Mexican Beef and Lentil Taco	Minced Pork and Leek Pie with Gravy	Salmon, Pea and White Bean Creamy Spaghetti	Roasted Garlic and Paprika Chicken Thigh	Baked Breaded Fish Fillets
Main Halal	Mexican Beef and Lentil Taco	Minced Beef and Leek Pie with Gravy		Roasted Garlic and paprika Chicken Thigh	
Main vegetarian	Mexican Mince Quorn and Lentil Taco	Leek and Lentil Pie with Gravy	Cauliflower, Pea and White Bean Spaghetti	Roasted Garlic and Paprika Quorn Roast	Leek, Mushroom & Red Onion Frittata
Daily Extras	Baked Potato with Cheese, Baked Beans or Tuna Mayo	Wholemeal Penne Pasta in Tomato Sauce	Baked Potato with Cheese, Baked Beans or Tuna Mayo	Wholemeal Fusilli Pasta in Tomato Sauce	Baked Potato with Cheese, Baked Beans or Tuna Mayo
Side Dishes	Sweetcorn Rice & Guacamole	Mash Potatoes & Carrots	Kale & Cauliflower	Sweet Potato Mash and Broccoli	Chips & Peas
Main Dessert	Orange & Mango Smoothie & Fruit Sticks	Sugar Free Banana Cake	Cream Cheese & Crackers	Sugar Free Flapjacks	Peach Crumble & Natural Yoghurt or Custard
Daily Options	Salad Bar, Fruit Bowl, Fruit Salad, Yoghurt, Jelly, Fresh Bread				

Pioneer Educational Trust Catering Department

Week Commencing

September 1st, 14th & 28th - October 12th & 26th - November 9th & 23rd - December 7th