



Foxborough
Primary School

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12th May 2026

Dear Parents and Carers

We wanted to let you know about a small but important change we are making across the school to help children stay focused, calm and ready to learn.

Over the coming weeks, we will be improving the **consistency of fidget tools and movement breaks** in all classrooms. Many children benefit from opportunities to move or use simple sensory tools to help with attention, regulation and concentration, and we want to make sure this support is clear and consistent for everyone.

What this will look like in school:

- Every class will have a **class fidget kit** with the same types of tools.
- **Movement breaks** will happen at predictable points during the day and will be short, purposeful and calm.
- Fidgets and movement are used as **learning supports**, not toys or rewards.
- Children will be taught clear rules about how and when to use them (for example, tools stay below the desk and should not distract others).

To avoid confusion, we are asking that **children do not bring fidgets or sensory toys from home**. All resources will be provided by school so that expectations are the same in every classroom. Where a child needs something more individual or targeted, this will be planned and supported by staff.

These changes are part of our ongoing work to support children's wellbeing, attention and emotional regulation, and to create calm, focused learning environments across Foxborough.

If you have any questions about this approach or how it supports your child, please do get in touch.

Thank you for your continued support.

Yours faithfully

Ms Jay Johannessen
SENCo