

Slough Child and Family Wellbeing
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2025

FAO: parent/carers of children in primary school.

RE: School Nurse Health Service

Slough Child and Family Wellbeing provides your School Nursing Service which aims to promote a healthy lifestyle for school aged children between the ages of 4-19 following the healthy child programme.

Every primary school has a named school nurse who is qualified to provide age-appropriate advice, support or signposting on a range of health issues that may affect your child, this could include:

- General health and growth
- Dental hygiene and oral care
- Additional health needs and disabilities
- Exercise
- Smoking and drugs education
- Bullying
- Long term health conditions
- Eating and nutrition
- Bedwetting and soiling
- Puberty
- Healthy Relationships
- Mental Health and Emotional Wellbeing
- School absence
- Being a Young Carer

You can call our [advice line](#) about your child's health or wellbeing between 09.00-17.00 Monday to Friday. The team will send a message to your named school nurse who will call you back as soon as they can.

Your child may be referred to the school nursing team, with your consent, by a schoolteacher or pastoral care lead. You can also refer your child for help with health needs using the parent contact form.

We may also want to discuss health and wellbeing needs with you or your child following the universal health reviews carried out at school entry and year six.

What are the Universal School Nurse health reviews?

The universal health reviews are an online assessment that asks questions about: general health and wellbeing, routine appointments, medical needs, healthy lifestyles, healthy routines and emotional wellbeing. The responses from the assessment are sent securely to a qualified specialist community public health school nurse, who will review the answers so they can offer health advice for families and children. During the review all children will receive a health education session to help them understand their health needs and answer the questions as accurately as they can.

In addition to the health questionnaire your child will be invited to attend the '[National Childhood Measurement Programme](#)' which supports local services to provide a whole school approach to healthy lifestyles.

The National Childhood Measurement Programme (NCMP)

Every year in England, children in Reception Year and Year 6 have their height and weight measured as part of the National Child Measurement Programme (NCMP). You can see more information on our website by scanning the QR code below.

The vision and hearing screening programme

Slough school health team offer a vision and hearing screening test for all children in Reception Year. These tests are designed to identify early concerns with your child's eyesight or hearing to help you get support for them.

What are the benefits for my child?

These reviews will use your and your child's voice to identify individual health needs and allow our team to provide individual, small-group, year-group and parent health and wellbeing sessions to meet the needs of your child.

Health and wellbeing needs that are identified at their earliest presentation will enable your child to receive help at the earliest opportunity from the most qualified health professional and as such prevent problems from getting worse.

When will my child be seen?

Children in Year Six will be seen between September - December 2025.

Children in Reception Year will be seen between February – June 2026

Your school will confirm the date with all parents.

If you do not wish your child to take part please call us on 0300 247 0073 to discuss any concerns you may have, alternatively you can send us an opt-out email at hcrq.sloughchildandfamilywellbeing@nhs.net You will need to give us your child's name, date of birth, NHS number (if known) and school they attend. Any opt-outs received will be met where possible but cannot be guaranteed if the team have already been into the school.

Community Engagement

Improvements in public health outcomes are best met by sharing health education within the community. Look out for your school health team at parent's evenings, school fetes and other community gatherings.

What if I have questions?

A member of the Public Health Team will be available via our duty line between 09:00 – 17:00 every weekday, please call 0300 247 0073 with any questions you may have. You can also visit our [website](http://hcrq.sloughchildandfamilywellbeing@nhs.net) or email us at hcrq.sloughchildandfamilywellbeing@nhs.net

We look forward to working in partnership with you,

Heather Bartlett

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