



Foxborough
Primary School

Common Road, Slough, Berkshire, SL3 8TX

Telephone : 01753 546376 | www.foxboroughprimary.co.uk | post@foxboroughprimary.co.uk

Wednesday 17th September 2025

Dear Parent / Carer

Re: Occupational Therapy Programme

I hope this letter finds you well. I am pleased to inform you that we are introducing a new *School Readiness* Occupational Therapy programme in Reception, developed in collaboration with our Occupational Therapist, Sylwia Lawrowska.

The programme consists of daily movement exercises that replicate those typically made during the first year of life. These carefully designed activities aim to support and strengthen key areas of development, including concentration, balance, postural control, and confidence – all of which are vital for effective learning and overall well-being. By continuing throughout the school year, the programme will help prepare the children for a smooth and successful transition into Year 1.

I will be leading and facilitating the daily sessions to ensure that each child benefits fully from the exercises.

If you would like further information about the programme, please do not hesitate to contact me.

Yours faithfully
Ms J Johannessen
SENCo